



DINNER MAKES A DIFFERENCE

Explore Nutritious Foods and Their Benefits

Healthy foods come in all shapes and sizes. Join health educators Fridays from noon to 1 p.m. in the Learning Kitchen located on the first floor of the Anchorage Native Primary Care Center. Customer-owners of all ages are encouraged to attend. Contact Southcentral Foundation Health Education at 907-729-2689 to learn more.

Friday, Dec. 6

Shrimp Salad with Creamy Dill Dressing

Shellfish Benefits

Friday, Dec. 13

Prosciutto Egg Cups

Christmas Morning

Friday, Dec. 20

Canceled

Friday, Dec. 27

Canceled