



# Nutaqsiivik

Tribal Home Visiting Program  
Mother/Baby Program

## Vision

A Native Community that enjoys physical, mental, emotional and spiritual wellness.

## Mission

Working together with the Native Community to achieve wellness through health and related services.

### Nutaqsiivik Tribal Home Visiting Program

(907) 729-2490 | (907) 729-8692 Fax

4160 Tudor Centre Drive

Anchorage, Alaska 99508

[southcentralfoundation.com](http://southcentralfoundation.com)



Artist of mother and child entitled Snooze Time  
© Helen J. Simeonoff | Sugpiaq of Kodiak-Afognak



## Nutaqsiivik

Nutaqsiivik is a voluntary, home-based program that works with eligible customer-owners to provide education and support in the home as a supplement to regular prenatal care and well-child checkups.

Nutaqsiivik works with Nurse-Family Partnership, a national program that helps moms and babies stay healthy and safe.



## Mother and Baby Program

### Benefits of the program

Since 2013, the Nutaqsiivik program has supported over 800 families. We have helped improve pregnancy outcomes, health, and wellness for Alaska Native and American Indian families in Anchorage and the Matanuska-Susitna Borough.

“My home visitors through Nutaqsiivik have helped me with my confidence. They helped me feel comfortable as a mother. Now I understand that once I set my mind to it, I could do anything.”

-Nutaqsiivik mom

### Customer-owners are not billed for these services.

Together, the nurse and family develop goals and plans to welcome a new baby and become the best parents they can be.

## Nurse-Family Partnership

You will meet with your nurse regularly to talk about pregnancy, parenting, your child’s health and development, and whatever else is on your mind.

### Your nurse will support you to:

- Know what to expect during pregnancy and childbirth.
- Learn how to take care of your baby (feeding, bathing, safe sleep, and more).
- Understand how babies learn and grow.
- Connect with other community resources and services, like behavioral health, child care, and educational programs.
- Achieve personal goals, such as continuing your education and developing job skills.
- Give your baby the best possible start to life.

### The program goals are to:

- Promote a healthy pregnancy and childbirth.
- Improve maternal and child health, and family wellness.





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### *Benteh Nuutah*

**Valley Native Primary Care Center**  
(907) 729-2490 | (907) 729-8692 Fax  
1001 S. Knik-Goose Bay Road  
Wasilla, Alaska 99654  
southcentralfoundation.com



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